

The logo consists of the letters 'L' and 'B' in a bold, blue, sans-serif font, positioned on a yellow trapezoidal background that tapers to the right.

LB

A group of young men, likely students, are sitting on a bench outdoors. They are wearing blue shirts and caps. One student in the foreground is looking down at a smartphone. The background shows a building and trees with warm, golden light, suggesting an evening or autumn setting.

explore

find your purpose



Next Steps

After Attending Your New Student Orientation

+ Check your student email regularly.

If you have trouble logging in to your email, contact the Student Help Desk in the Library in person, by phone (541-917-4630) or email (Student.HelpDesk@linnbenton.edu). Email is the primary way that LBCC communicates with you.

+ Make sure you know how to log in & use your WebRunner account.

This is where you can access WebRunner to add or drop classes, access online class materials in Moodle and more. If you have trouble logging in to your Single Sign-On account, follow the prompts on the log in page to retrieve or reset your password. You can also contact the Student Help Desk for assistance (see above).

+ Get your student ID at the Admissions/Registration counter

at the Albany campus, Benton Center, Lebanon Center, or Sweet Home Center.

+ Print out your schedule & find all of your classrooms

so you know where you are going on your first day. Check the maps located at all campuses, on the LBCC website, the LBLive app, or in this booklet.

+ Contact the Center For Accessibility Resources (CFAR)

for accommodations, if needed. Get information or request accommodations by visiting their office at the Albany campus in Red Cedar Hall #105, calling them at 541-917-4789, or visiting www.linnbenton.edu/cfar.

+ Get your textbooks and class materials.

These can be purchased from the LBCC campus store either online (www.bookstore.linnbenton.edu) or in-person. Keep in mind that used books and materials are also available.

+ Download the LBLive App for more LBCC info!

This app is free and helps you connect with the LBCC community to learn more about buying and selling school items, local housing options, campus maps and services, LBCC events and activities, student groups and clubs, LBCC news, and more!

+ Attend your classes the first week of term!

Remember, if you do not attend your classes on the first day, you may be dropped from them.

NOTE: Destination Graduation classes may start the week BEFORE the term begins! Check your class schedule.

General FAQs

What is Destination Graduation?

Destination Graduation (DG) is a 1-credit first-year experience course designed to give you an orientation to all that LBCC has to offer, provide insight into college life, and share resources for challenges you might face in college.

Who is My Advisor and When Do I Meet with Them?

Your advisor is determined by your major and is typically assigned to you during your DG class. You can find your advisor by viewing your “Student” tab in WebRunner. You can meet with your advisor at any time by contacting them to schedule an appointment. For more info, contact the Advising Center at 541-917-4780.

How Do I Know What Books I Need For My Classes?

A list of required or recommended books is provided in each class syllabus (course outline). You can also ask at the Campus Store.

How Do I Pay for My Books and Other Class Materials?

You may be able to use Financial Aid to purchase books. Make sure to check your WebRunner account for your available bookstore credit on your Financial Aid award. If you are not using Financial Aid to purchase books, you can use any other financial resource that you have.

How Do I Add or Drop a Class?

You can do this on WebRunner. Go to your “Student” tab, the click on “Registration,” then “Register: Add/Drop Classes.” Ask your advisor, the Registration office, or Financial Aid if you have any questions about how adding and/or dropping might affect your Financial Aid package or academic standing.





Where Can I Get Tutoring?

All enrolled students are eligible to use the Learning Center tutoring service. You can receive this free resource at the Albany Learning Center, the Learning & Career Center at the Benton Center in Corvallis, or the Lebanon Learning Center. You can schedule up to three, 50-minute sessions per week.

How Can I Get to Know Other Students?

Join a club or co-curricular program, start a study group, join an athletic team, invite other students to attend events on campus, or get on the LBLive app to see who might share your interests!



What If I Want to Change My Major?

First, contact your advisor. They are your best resource for information to help you decide. You can also meet with an advisor in the Advising Center in Takena Hall. Once you decide, you simply submit a “Change of Major Request” form online.

Where Can I Get Help Preparing for Employment?

The Advising Center houses the Career & Advising Support Specialists who are trained to help you be successful on your career journey. Make an appointment by calling 541-917-4780 or visiting www.linnbenton.edu/student-services/advising



Are Grants & Scholarships Available?

Yes! Visit the LBCC Financial Aid page (found under Tuition & Admission in the top navigation of the LBCC website) for information and learn how to apply. By completing the FAFSA (Free Application for Federal Student Aid), you may qualify for loans, grants, and scholarships. You can also apply for scholarships separately by applying for LBCC scholarships at www.linnbenton.edu/scholarships, state-wide scholarships at www.oregonstudentaid.gov or various national scholarships. Ask the Financial Aid office for more information. Career & Advising Support Specialists in the Advising Center (in Takena Hall) can also help you find scholarships.

What is Work Study?

Work Study is a Financial Aid program that allows you to work (for a paycheck!) on campus while going to school. Many Work Study options are available. Contact the Financial Aid office for more information and to see if you qualify.

What are partnership programs?

The Degree Partnership Program (DPP) is a partnership between LBCC and Oregon State University. The Dual Enrollment Program is a partnership between LBCC and Oregon Institute of Technology. These programs allow you to be dually-enrolled at both schools, take advantage of all the resources at both schools, and complete your degree faster. To become dually-enrolled, you must complete 24 transferable, college-level credits, complete WR 121 and either MTH 105 or MTH 111, and earn a GPA of 2.25 or higher. The DPP office is in McKenzie Hall #111A. Call 541-917-4237 or email dpp@linnbenton.edu for more information. www.linnbenton.edu/educational-options/degree-partnerships-programs



What is Welcome Day?

Welcome Day is LBCC's chance to welcome YOU to the LBCC community! Many departments, clubs, co-curricular groups, athletic teams, and other campus groups share information and invite you to play games, win prizes, and have fun while listening to live music! Welcome Day is held every year at

the Albany campus on the Wednesday before classes start. This year will look a little different due to social distancing guidelines but still promises to be a fun and exciting event to welcome you to campus!

Where Can I Eat or Get Coffee On Campus?

Courtyard Café

*Monday through Thursday, 7:30a.m. – 5:00p.m.
Friday 7:30a.m. - 3:30p.m.*

Located on the Albany Campus in Takena Hall facing the courtyard. The Courtyard Cafe has a fresh and exciting menu that includes items such as salads, homemade soups, pizza, wraps, fresh burger patties, bento bowls, and grilled chicken sandwiches. The Cafe also features a large selection of “grab and go” products such as salads, sandwiches, yogurt, whole fruit, chips, pastries, and many other snacks. Got an early class? Stop by the Cafe for an espresso drink or one of the many hot breakfast items.

The Commons

*Monday through Friday from 10:00a.m. - 1:30p.m.
during the school year*

*Lunch menu changes daily, hot food available
from 11:15a.m. - 1:15p.m.*

Located on the second floor of the Calapooia Center building. This daily cafeteria features a wood-fired pizza oven, salad bar, sandwiches, soup, desserts and more. Culinary Arts students help prepare food served in the Commons Cafeteria. You can find the menu for each week printed in The Commuter newspaper!

The Benton Center Bookstore

Located on the first floor of the Benton Center facing the lobby. Excellent coffees and snacks, in addition to books and class materials.

Santiam Restaurant

*Espresso, coffee and pastries are available between
9:30a.m. to 11:00a.m.*

Lunch seating is from 11:00a.m. to 12:15p.m.

Located on the Albany Campus on the second floor of the Calapooia Center building in room CC-201. Full service fine dining with specialty menu. Monday through Thursday during school term. The menu changes daily and gives student chefs a chance to show their creativity through daily specials. Reservations are recommended but not required. Current students get 10% off!

Roast Runners Coffee Shop

Located on the Albany Campus in the Student Union building. The Roast Runners Coffee Shop is operated by students, for students. Features hot and cold espresso drinks, as well as a comfortable lounge area perfect for students to hang out, do homework, listen to music, or just relax with friends.

The Campus Store (aka the Bookstore)

Located on the first floor of the Calapooia Center building facing the atrium. Great deals on coffee, snacks, and food, in addition to books and class materials.

There are many dining options to choose from! Check the LBCC website for information and menus.





Can I Take Classes at Any Campus?

Yes! As an LBCC student, you can take classes at any LBCC site. We offer classes in Albany, Corvallis, Lebanon, Sweet Home, or online. We are called the “Roadrunners” because of all the traveling that students do to get to classes. Look on the Schedule of Classes to find out what is offered each term at each location.

What’s the Best Way to Get to Classes?

Once you have your student ID card, you can ride the Linn-Benton Loop, the Albany Transit buses, and the Linn County Shuttle between educational sites for free! Don’t forget that the bus system in Corvallis is also free for everyone, including students. For a complete list of all bus schedules and their routes, as well as other transportation options, do a quick search for “Transportation Options” on the LBCC website. Parking is free at all LBCC locations.

What Campus Resources Are Available to Veterans?

In addition to all students, LBCC welcomes and supports veterans who have served, or are currently serving, in the US Army, Air Force, Navy, Marine Corps, and Coast Guard.

www.linnbenton.edu/about-lbcc/news/2019/supporting-veterans.php

Veterans have access to:

+ VA Education Benefit Support

Located in Takena Hall at the Financial Aid office, this office assists veterans and eligible family members with navigating financial aid benefits to attend college. Contact: Justin Curtis, curtisj@linnbenton.edu.

+ LBCC Veterans Scholarship

Vietnam Veterans of America, Mid-Valley Chapter 585 created a scholarship fund through the LBCC Foundation that is focused on helping student veterans and family members of veterans. Contact the LBCC Foundation: foundation@linnbenton.edu

+ Student Veterans Center (VRC)

LBCC student vets have a dedicated meeting and study space exclusively for vets on the Albany campus. Located in the Forum building, room F-109, the Veterans Center is a safe, friendly space for vets to study, hang out, and connect with other veterans and veteran advocates.

+ Student Veterans’ Student Club

Veterans supporting veterans and their families. Contact the club advisor for more information: Ken Dickson-Self 541-917-4942 dicksok@linnbenton.edu

+ Center for Accessibility Resources (CFAR)

Located in Red Cedar Hall, CFAR coordinates disability accommodations for disabled student veterans. Carol Raymundo, CFAR manager, is highly trained in understanding unique situations facing veterans including PTSD, TBI and other impacts. Contact: cfar@linnbenton.edu

+ Career & Advising Support Specialist

Career transition help and information. Located in the Advising Center in Takena Hall, #101. Call 541-917-4803 to schedule an appointment.

What Campus Resources are Available to Students Who Are Parents?

Family Connections

Resources on and off campus for childcare, parenting classes, elder care, planning a path to graduation, and more. Call 541-917-4901 or email connect@linnbenton.edu

Periwinkle Child Development Center/ Kidco Head Start

A comprehensive infant/toddler and preschool program for children whose parents attend LBCC on a full time basis. Serves children from birth to five years old. Families must meet Federal Head Start guidelines. M-F; 7:30-5:30 for our Infant/Toddler children and 8:45-3:05 for our 3, 4 & 5 year olds. Applications are available by phone by calling: Family Connections at 541-917-4899 or Kidco Head Start at 541-451-1581, or stop by the Periwinkle Child Development Center (located between the Luckiamute building and the tennis courts).

www.linnbenton.edu/community-resources/family-resources.php

Head Start

- + Educational activities for young children based on individual needs
- + Assistance in securing medical, dental and mental health care
- + Nutritious meals and snacks
- + Parent involvement in classroom and home visits
- + Promote healthy family functioning
- + Well-educated staff with on-going training
- + Educational opportunities for parents
- + Parent involvement in decision-making

Family Fun Day

Free, fun-filled day of family activities for your 0-6 year-old children. Food, games, face-painting, obstacle course, bouncy castles, and much more! See the LBCC schedule of events online.

Parenting Programs & Workshops

LBCC Parenting Education often partners with organizations and agencies in our area to offer classes that are free or very low cost to the parents of children, adolescents, and teens in our community. The programs and workshops can vary, please check the LBCC schedule of classes for more information, including a list of parenting classes offered in Spanish.





What Campus Resources Are Available to All Students?

Advising Center

- + Academic advisors are able to help you navigate processes and important academic decisions. Depending on your major, you may be assigned to an advisor in your academic department or an advisor in the Advising Center.
- + Career and Advising Support Specialists are available at the Albany Campus in Tadena Hall #101, the Benton Center (BC-222) and the Lebanon Center to help you identify career interest areas, explore career options, and find academic majors that will help you achieve your professional goals. Call 541-917-4780 to schedule an appointment. www.linnbenton.edu/student-service/advising
- + Well-being guidance and activities to help you maintain balance while in school.
- + Short-term Counseling: Available to current students on a short-term (less than 2 weeks) basis. Referral to local counseling resources is also available.

Business Office

Located on the first floor of the Calapooia Center building, CC 130. This is where you can make payments to your student account. Hours: Monday-Thursday 9:00-4:30, Friday 9:00-4:00.

Campus Security Office

Located in Red Cedar Hall (RCH) #119. Call 541-917-4440. Note: For emergencies, call 911 and then notify the Campus Public Safety Office.

- + Lost and found service
- + Basic first aid
- + Personal safety escort to vehicle
- + Crime prevention
- + Community Emergency Responder Training (CERT) – Free!
- + ReGroup – Emergency messaging service. Sign up at: www.linnbenton.regroup.com

Campus Store (aka Bookstore)

This is your main source of textbooks (rent or buy), school supplies, snacks, LBCC gear, hygiene items, and gift items. There is even a lounge area with TV for you to use! You can order books and materials online at www.bookstore.linnbenton.edu.

+ Albany Campus

Calapooia Center (CC) 111. Hours: Monday-Thursday 7:30 a.m.-4 p.m.; Friday 7:30 a.m.-3:30 p.m. 541-917-4950

+ Lebanon Center

Located at the Registration counter, L-159. Monday-Thursday 8:30 a.m.-6:30pm, Friday 8:30 a.m.-4:30 p.m. Forum 120. 541-917-4465.

Center For Accessibility Resources (CFAR)

Red Cedar Hall (RCH) #105 Monday - Friday 9:00-3:00. Call 541-917-4789 or email cfar@linnbenton.edu. www.linnbenton.edu/student-services/accessibility Provides assistance to students who have documented disabilities by:

- + Planning and coordinating reasonable accommodations for testing and class
- + Providing assistive technology and accommodations for testing & classes
- + Success coaching & advocating

EDI Annex

Multi-purpose quiet space located in LBCC Library. 30-minute intervals available. Ask for key at Library front desk using your student ID.

Financial Aid Office

Located in Takena Hall #117. Hours: Monday-Friday 8:30am – 4:00pm. Call 541-917-4850 to leave a message. Provides information on FAFSA, student loans, scholarships, debt management tools, Work Study and much more. Financial Aid Advisors available for drop-in questions Monday – Wednesday 8:30am - 11:30am & 1:30pm – 3:30pm, Thursday 8:30am – 11:30am. www.linnbenton.edu/tuition-and-admission/financial-aid

Learning Center

Located directly above the Library in Willamette Hall #226. Provides tutoring services, math and writing assistance, physical science resources, quiet study rooms, college learning strategies and more. Call 541-917-4684 for more information. www.linnbenton.edu/student-services/library-tutoring-testing/learning-center

Library

Located by the Courtyard in the center of campus, WH 137. Hrs: M-TH 7:30 a.m.-9 p.m.; F 7:30 a.m.-5 p.m.; Saturday and Sunday 11 a.m.-4 p.m. 541-917-4638 <http://library.linnbenton.edu/home>

- + Books, magazines and research help
- + Computer lab
- + Study space and much more!

Institutional Equity, Diversity, & Inclusion (EDI) Office

Located on the 2nd floor of the Forum building facing the courtyard, #220. Hours: Monday-Friday 9:00am-3:00pm. Call 541-917-4461 for more information.

- + Personalized assistance with the college experience and accessing LBCC and campus resources
- + Professional development opportunities centered on cultural fluency, cultural competence and development of confident interpersonal communication skills around diversity issues
- + Opportunities for part-time employment through the federal Work-Study program or in the form of tuition reimbursement (Talent Grants)
- + Referrals to community resources and other college departments
- + Three student computer work stations
- + GoPrint pay-to-print station
- + Device charging
- + Kitchen area with fridge and microwave
- + Super-comfy lounge area
- + Books and games





Student Help Desk

Located at the Library front desk on the Albany campus. Call 541-917-4630 or email student.helpdesk@linnbenton.edu for more information.

- + Support for student email
- + Moodle assistance
- + Borrow calculators, laptops, phone chargers and more
- + Support for Google Apps, Moodle, Pay4Print and more

Victim Advocates

If you or someone you know would like to talk, get information or support, or learn more about your rights, please contact us. If you or someone you know has experienced sexual violence (sexual assault, dating or domestic violence, stalking, sexual harassment), know that support is available. Confidential victim advocates are available on campus to offer support and to help you make decisions about what next steps to take. Confidential victim advocates will:

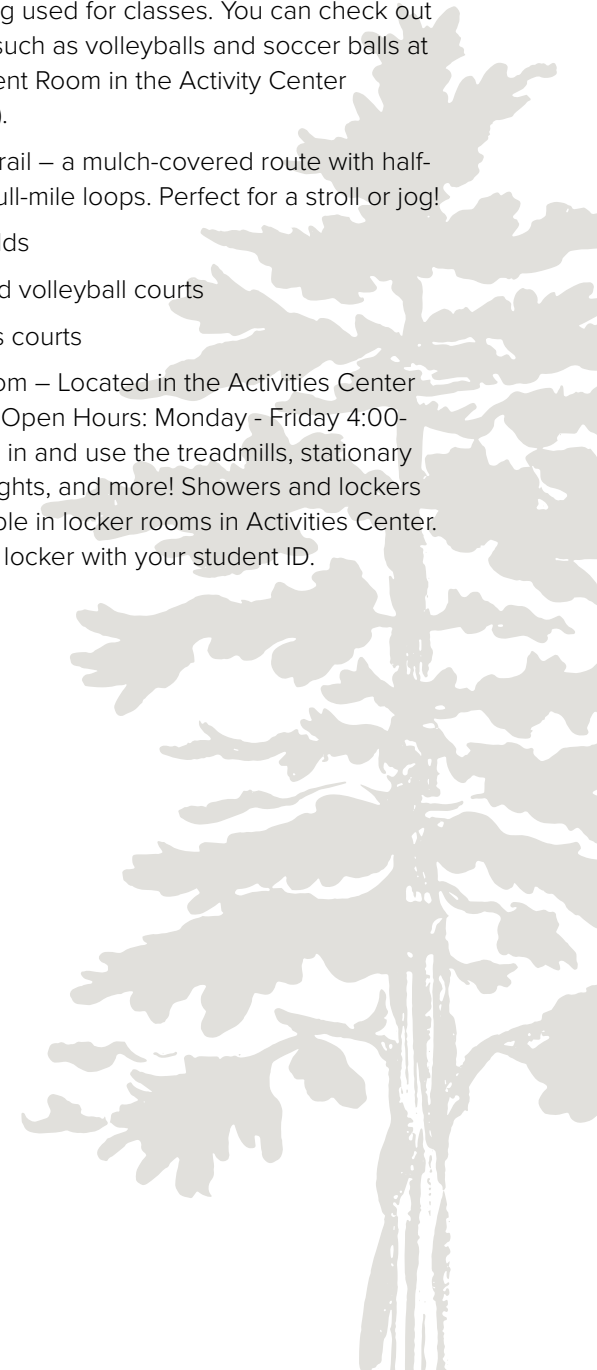
- + Support your choices without judgment
- + Offer information about a variety of options
- + Connect you with resources and/or assist you in making a report, if you wish

To connect with a confidential victim advocate, call the Advising Center at 541-917-4780. After hours, please utilize the Center Against Rape and Domestic Violence (CARDV) 24-hour Crisis and Support Line at 541-754-0110 (local) or 800-927-0197.

Wellbeing Activities

LBCC has outdoor activities available for students. Outdoor facilities can be used anytime that they are not being used for classes. You can check out equipment such as volleyballs and soccer balls at the Equipment Room in the Activity Center (ID required).

- + Wellness trail – a mulch-covered route with half-mile and full-mile loops. Perfect for a stroll or jog!
- + Soccer fields
- + Three sand volleyball courts
- + Two tennis courts
- + Weight room – Located in the Activities Center (AC) #134. Open Hours: Monday - Friday 4:00-6:00. Stop in and use the treadmills, stationary bikes, weights, and more! Showers and lockers are available in locker rooms in Activities Center. Reserve a locker with your student ID.



What Online LBCC Resources Are There For Students?

Instructor Websites

Instructors share information about their classes, some class materials, their contact information, and their office hours.

LBLive App

Free phone app for information on buying and selling items like books, finding housing, campus maps & services, events & activities, groups & clubs, LBCC news and more!

Moodle

An online resource some teachers use to share assignments, syllabi, class notes, and other materials. The link is found on the LBCC home page.

WebRunner

The online student portal for registering for classes, checking your financial aid status, updating your personal information and finding your schedule of classes.

Website Search

The fastest way to find what you need on the LBCC website is through the site search at the top of the page. The drop down menu in the upper righthand corner of the website provides direct links to the bookstore, catalog, financial aid, instructor websites, library, Moodle, registration tools, schedule of classes, and WebRunner.



How Can I Get Involved on Campus?

LBCC has a wide variety of ways to get involved! You can join or form a club, run for student government, attend music and theater events, join or cheer for the LBCC basketball, volleyball, and baseball teams, organize a sand volleyball or tennis game with friends, or get a Work Study job on campus. Get creative and have fun! www.linnbenton.edu/student-life/clubs-and-programs

LBCC Clubs & Co-Curricular Programs (programs closely tied to academic programs)

- + Agriculture Leadership Club
- + Anthropology Club - The Anthropology Club hosts weekly meetings to all those interested in discussing what it means to be human. Since the club's inception in 2018, the events have been Anthropology Day, celebrated every third Thursday in February and Albany, Oregon's first [Death Cafe](#) in the Spring. In conjunction with Estudiantes del Sol, the EDI, and the Art Gallery, the Anthropology Club will be hosting an art installation at the Albany campus called [Hostile Terrain 94](#) created by anthropologist Jason de León's Undocumented Migration Project. This club has a board of committed students and are always looking for more leadership and participation to make sense of what it means to be human.
- + Art Galleries - The Art Gallery co-curricular manages the rotating art exhibitions in the three main campus galleries. The goal is to enrich the LBCC campus by showcasing diverse art and provide an excellent educational resource to all students, faculty, and the community.
- + ASCET (American Society of Certified Engineering Technicians) – The only national professional society created for and administered by engineering technicians and technologists in all engineering disciplines.
- + Auto Tech
- + Bridge LinnBenton
- + Business Team - Runs Roast Runners (the coffee shop/convenience store on the Albany campus). Students can gain any business experience such as Accounting, communication, design, entrepreneurship, finance, human resources, management, marketing, negotiations, public relations, retail and more! The purpose is to help students gain experience in all aspects of business in the on-campus Business Lab.
- + Campus Ambassadors Christian Community – Gathering people of faith; encouraging one another to live a culture of love and faith.
- + Campus Recreation - Campus Recreation strives to provide healthy activities for students to engage in to support mental and physical well-being.
- + Change Makers – The Human Services co-curricular is united by the mission to serve others and work toward systemic change. This club helps local non-profit agencies, writes public service announcements and builds partnerships to bring needed services to LBCC. Students are motivated to support one another while they identify problems that they can help solve at LBCC and in the community.





- + Chess Club – It's like Wizard's Chess, only much safer and without the magic.
- + Civil Discourse Club – Aims to promote dialogue that enhances understanding among individuals with diverse viewpoints in an open and respectful environment. This is a great co-curricular for students who are interested in developing valuable communication skills.
- + Commuter - LBCC's student-run newspaper and website. Students at The Commuter hone their journalism skills in preparation for a career in media. However, The Commuter is open to all students who would like to contribute articles, poetry, photos, and artwork or learn various writing, photography and social media skills.
- + Culinary Arts - The culinary co-curricular allows students a chance to learn and experience beyond what is taught in the classroom. The club brings in local chef's, foragers, restaurant owners, farmers and perform demonstrations using local/seasonal ingredients. The students get experience in not only planning and executing catering events for the college but also their own wine/beer pairing dinners in the Santiam restaurant.
- + Dance Club – Providing an opportunity to be involved with dance in a creative and fun way: learning, performance, choreography.
- + Diesel - The Diesel co-curricular repairs and rebuilds heavy equipment, and then sells their projects for a profit. The students also host the Annual ATTC Community Open House each spring. The co-curricular team actively promotes their program acting as guides for high school tours, and assist in future student recruiting.
- + Estudiantes del Sol – Presenting the culture and history of Latin America. All students are welcome regardless of their cultural background.
- + Equestrian Team
- + Equity, Diversity, & Inclusion
- + Gender & Sexuality Alliance – Strength in diversity! Friendship and support among the LGBTQ+ community and straight allies.
- + Global Connections – Enjoy activities and fellowship with international students: a chance for students to learn from one another.
- + Honors Program - The LBCC Honors Program is a community of learners which recognizes students for their academic excellence and offers opportunities for experiential learning & career preparation, community involvement, cultural competency, and personal development. Honors students participate in activities throughout the year and are eligible to wear gold graduation regalia.
- + Horticulture Club – All things green and growing.
- + LB Films – Bringing together students who love film production and those who wish to learn about it.
- + LBCC Vocal Music - The music co-curricular houses the a cappella groups. No instruments, just voices. Students get to compete in the same competition Pitch Perfect is based on.



- + Livestock Judging
- + International Studies
- + Off The Trail - A place for adult learners (25 and older) to meet, gather, support, and have fun with each other.
- + Philosophy Club – A club for students to further their understanding of philosophical ideas, to discuss and examine philosophical questions, and to encourage them to think more critically about their lives as students and as members of this community.
- + Poetry Club – Creating a community of voices; A chance to belong and have students' personal voices heard.
- + Rad Tech Club – Promoting the field of Radiologic Technology. Providing information and support for new and current students, and encouraging the sharing of ideas and experiences.
- + Remote Operating Vehicles - The Remotely Operated Vehicle (ROV) team designs, builds and operates ROV's to enter in international competitions, explore volcanic lakes, rescue stranded astronauts and count polarized photons from the solar corona during eclipse. A club with lots of adventure and exploration.
- + Soccer Club – Just what it sounds like! Students can compete or just practice.
- + Society of Physics Students - The Society of Physics students gets together to share physics fun with others. Annual activities include field trips to national research labs, outreach events at local middle schools, and putting on shows for the general public. Students don't need to be a physics major to join, they just need to be interested in learning about how the universe works.
- + SOTA (Student Occupational Therapy Association) – Increasing campus and community awareness of the occupational therapy profession.
- + Space Exploration Team (SET) - Open to all students. The team brings together a diverse group of students from a variety of academic disciplines under one umbrella, focusing on learning through experience, practicing intentional innovation, continuous improvement, and outreach to the community. Designing and creating various projects allows students the opportunity to see their education in action in a hands-on way, beyond the classroom. Regardless of experience level or major, there is a place for every student in the club. If designing and building autonomous, lunar-ice-mining robotic rovers sounds fun, consider joining this club!
- + Students For Life – Seeking to promote respect for life at LBCC and in the surrounding community, educating on life issues, and helping those in need so life is a promising choice.
- + Student Veterans Club – Veterans supporting veterans and their families.
- + Young Democrats – Promoting political awareness and activism through voter registration, debates, candidate forums, and other student-led activities.



What are Meta Majors?

Meta Majors are collections of academic majors that have related courses and that fit within a career area. Within each Meta Major are degrees and certificates that have some related courses and/or similar pathways to degree and certificate completion, which means that you can maintain flexibility to adjust your career and education plans without losing time or credits unnecessarily. If you

are ready to declare a major, think of Meta Majors as a guide to help you stay on target. If you are not ready to declare a major, don't worry! You can still claim a Meta Major and work with your Advisor and a Career & Advising Support Specialist to help find a program and degree that matches your goals. www.linnbenton.edu/educational-options/areas-of-study.php

Agriculture

- + Agricultural Business Management
- + Agricultural Science
- + Animal Science
- + Animal Technology
- + Animal Technology/Horse Management
- + Crop Production
- + Equine Science

Applied and Industrial Technology & Transportation

- + Automotive Technology
- + Construction & Forestry Equipment Technology
- + Heavy Equipment/Diesel Technology
- + Machine Tool and CNC
- + Mechatronics Industrial Automation Technology
- + Non-Destructive Testing
- + Welding & Fabrication Technology

Business

- + Accounting Technology
- + Business Administration
- + Economics
- + Merchandising
- + Practical Business Management

Health and Healthcare & Nutrition and Culinary

- + Coding & Reimbursement
- + Culinary Arts
- + Dental Assistant
- + Diagnostic Imaging
- + Exercise & Sport Science
- + Medical Assistant
- + Nursing
- + Nutrition & Food Service Systems
- + Occupational Therapy Assistant
- + Phlebotomy
- + Polysomnographic Technology
- + Public Health
- + Surgical Technician
- + Veterinary Assistant

Education and Social Services

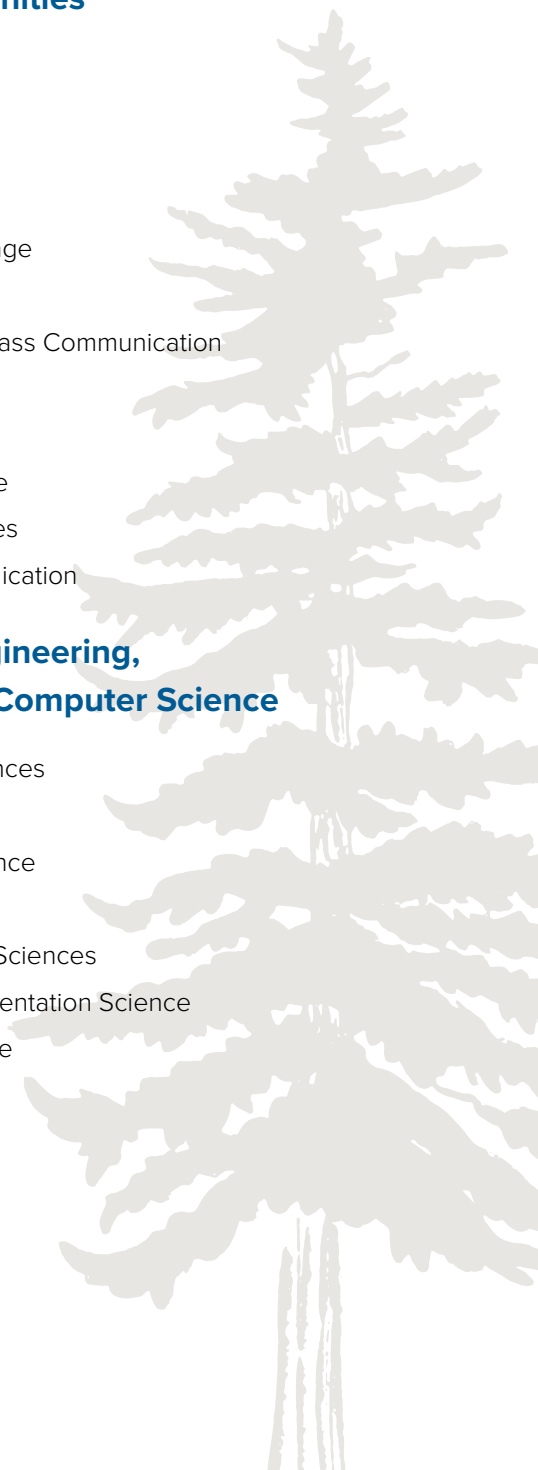
- + Child and Family Studies
- + Criminal Justice
- + Education
- + Human Development and Family Science
- + Juvenile Corrections
- + Psychology
- + Sociology

Arts & Humanities

- + Anthropology
- + Art
- + Communication
- + English
- + Foreign Language
- + History
- + Journalism & Mass Communication
- + Liberal Studies
- + Music
- + Political Science
- + Religious Studies
- + Visual Communication

Science, Engineering, and Math & Computer Science

- + Biological Sciences
- + Chemistry
- + Computer Science
- + Engineering
- + Environmental Sciences
- + Food and Fermentation Science
- + General Science
- + Geology
- + Mathematics
- + Physics





What are Some Helpful Success Tips for New Students?

- + Attend all of your classes and take notes.
- + Communicate with your instructors and advisor if you are concerned about grades.
- + Get tutoring in the Learning Center on the Albany Campus, the Learning & Career Center at the Benton Center, or the Lebanon Learning Center.
- + Check your student email regularly.
- + Form or join a study group.
- + Visit the Learning Center and the Library for help with math, writing, science, and study skills.
- + Minimize stress. Take care of yourself. Eat healthy meals, drink water, sleep, exercise, and have fun!
- + Consider seeing a Career & Advising Support Specialist in the Advising Center in Takena Hall to discuss career options and prepare for employment.

What Are Some Community Resources That I Should Know About?

+ 211 – Free and confidential 24-hr service that helps people connect to local resources including food, housing, utilities, healthcare, and many other resources. Visit www.211info.org/oregonhelps to identify services and assistance for which you may qualify.

If you are in crisis and need crisis services, please speak to someone. These are some additional available resources:

- + National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- + Linn County Mental Health: 1-800-304-7468 or 541-967-3866
- + Benton County Mental Health: 1-800-232-7192 or 541-766-6835
- + Crisis Text Line: Text “START” to: 741-741
- + MentalHealthU App: Free app with local resources and a help hotline.



The logo consists of the letters 'L' and 'B' in a bold, blue, sans-serif font, positioned on a yellow trapezoidal background.

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