

Textbook Notes Self-Assessment & Steps

		Yes	No
Before	Preview Chapter and Create Questions		
	I created a reading purpose: <ul style="list-style-type: none"> • I determined what I needed to gain from this reading/chapter. • I identified anything my instructor focused on/pointed out in the chapter. 		
	I read over the following and created a page of study questions: <ul style="list-style-type: none"> • Title of the chapter (Turn this into a question.) • Chapter outlines (Turn headings and subheadings into what-why-how questions) • Key topics/objectives (Turn into questions) • Overviews or chapter summaries (What questions can you create that would prompt you to recall the information in these sections?) 		
	On my page of study questions, I included the date, title, and chapter number.		
	I reviewed any charts, graphs, pictures, and/or maps.		
During	Actively Read Chapter and Take Notes		
	I chunked my reading into sections (from heading to heading, subheading to subheading, or even a paragraph at a time.		
	I marked/highlighted bold words or created a vocabulary list.		
	I answered the questions I created while I read through each section of my chapter.		
	For each section (heading, subheading, paragraph) I considered the following questions to further develop my notes: <ul style="list-style-type: none"> • What is this section about? 		
	<ul style="list-style-type: none"> • How is this section related to the overall chapter? 		
	<ul style="list-style-type: none"> • Why does this section come before or after the other sections? 		
	<ul style="list-style-type: none"> • What important concepts make up this section? 		
	<ul style="list-style-type: none"> • How can I apply what I've learned in this section to a real-life situation? 		
	<ul style="list-style-type: none"> • I made a list of any questions I still need to clarify with my instructor or a peer. 		
After	Recite and Target Trouble Areas		
	I used the questions I created to verbally rehearse (talk aloud) the answers from memory.		
	I completed the following either verbally or in writing: <ul style="list-style-type: none"> • I summarized each section in the chapter. (verbally or in writing) 		
	<ul style="list-style-type: none"> • I discussed how each section is important to the chapter as a whole. 		
	<ul style="list-style-type: none"> • I compared the different sections. How are they related, not related? 		
	<ul style="list-style-type: none"> • I defined bold (vocabulary) words from memory using flashcards or a study tool. 		
	<ul style="list-style-type: none"> • I explained how each vocabulary word fit within its section. (In other words, why is this vocabulary word under this heading/subheading?) 		
	<ul style="list-style-type: none"> • I summarized the chapter's main idea and the main sections it covers. 		
	<ul style="list-style-type: none"> • I identified any weak areas that I needed to spend more time studying. 		