

### Poor Example of Notes:

- Handwriting hard to read
- No Topics, dates or Headings

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PSY 219  
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## Psychogenic perspectives

### Laboratory studies on animal conditioning

- Ivan Pavlov (1849-1936) and classical conditioning
  - Conditioned response can over-generalize (like fear conditioning)

- Edward Thorndike (1874-1949) and operant conditioning
  - Avoidant behaviors reduce anxiety and lead to an increase in those behaviors

- Treatments involve systematic desensitization

Number of state ~~institution~~ institution patients was greatly declined since the 50's, but the number of mentally ill in prison has greatly risen.

This is because of medicine improvement, more ~~strict~~ strict regulations of who gets forced into hospitals, budget cuts, etc.

Number of mentally ill in prisons may have risen because government is not stepping in as much to help those with mental illnesses, so some people (such as the homeless) may get arrested on purpose so that they can get the help they need but cannot afford, if not they get a ~~case~~ case over their head & means.

I'm very sorry for my handwriting - I was just going to get everything down (and my handwriting just sucks anyways)

